

Is Curcumin gluten free?

Curcumin is a mixture of natural ingredients isolated from turmeric, available as yellow orange powder. It's widely used as nutritional supplement in for .

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. Curcumin is gluten free and widely used in gluten free food to provide to .

Why is Curcumin gluten free?

To answer this question, we need to clarify another question: what is gluten. Gluten is protein composite found in wheat and related grains, including barley and rye. (Wikipedia) First, gluten is a protein. Second, gluten is mainly found in wheat and related grains. As we mentioned before, Curcumin is which is significantly different from protein. Raw materials used in manufacturing of Curcumin are ; Curcumin barely includes gluten impurity. So, Curcumin is gluten free.

How is Curcumin used in gluten free food?

Curcumin is widely used in to provide to . Curcumin is usually used in processed food rather than daily recipe.

Why should you go Gluten free?

Celiac disease: Celiac disease is an autoimmune disease that attacks the small intestine due to the presence of gluten, for which a gluten-free diet is the only medically-accepted treatment. In 2009 research showed between 0.5 and 1.0 percent of people in the US and UK are sensitive to gluten due to celiac disease. So people with Celiac disease have to stick to gluten free diet to avoid unexpected side effect caused by consumption of gluten.

Non-celiac gluten sensitivity: Some people may be sensitive to gluten but do not have celiac disease and feel better on a diet with less gluten. However, there are no specific symptoms confirmed. Non-celiac gluten sensitivity also drives more people to gluten free diet when people believe that they feel better when eating gluten free.

Curcumin one of the popular food additives and ingredients in most countries, As a professional [Curcumin suppliers](#), Foodchem International Corporation has been supplying and exporting Curcumin from China for almost 10 years, please be assured to buy Curcumin at Foodchem. Any inquiries and problems please feel free to send emails to us Email: inquiry@foodchem.cn. Tel: +86-21-2206-3075. we will reply you within 1 working day.

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